Name of staff member	Nickname	DOB	/	/	[]M []F	F
Home address						
City/State/Zip	Home phone					
Parent(s)/Guardian(s)	Work or cell phone					
Local emergency contact	Phone					

## Please provide the names and phone numbers of your health care providers

Name of physician	Phone				
Medical insurance carrier	Policy or group #				

## Medications being taken

Please list ALL medications taken routinely (including over-the-counter or nonprescription drugs). If our nurse is required to administer medication, please bring enough to last the entire time at camp. Medications should be brought to camp in the **original labeled** pharmacy container.

## [ ] I take NO medications on a routine basis. OR [ ] I take medications as follows:

Medication 1	Dosage	Specific times taken each day
Reason for taking		
Medication 2	Dosage	Specific times taken each day
Reason for taking		
Attach additional pages for more medications.		

### Restrictions

Does not eat:	[	] Red meat	[	] Pork	[	] Dairy products	[	] Poultry	[	] Seafood	[	] Eggs	[	] Other (describe):
Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary).														

# Please complete the following section in full and add dates where appropriate. A checked item must have an explanation in the note section.

note sec	tion.			
Illnesses	<ul><li>[ ] Frequent ear infections</li><li>[ ] Diabetes (or insulin?)</li><li>[ ] <i>Exposure to</i> TB?</li></ul>	<ul> <li>[ ] Frequent strep throat</li> <li>[ ] Bleeding/clotting disorder</li> <li>[ ] <i>Exposure to</i> HIV?</li> </ul>	<ul> <li>[ ] Heart disease/defect</li> <li>[ ] Asthma—inhaler used? Y or N</li> <li>[ ] Exposure to Hepatitis B?</li> </ul>	<ul><li>[ ] Seizures (convulsions)</li><li>[ ] Attention Deficit Disorder</li></ul>
Allergies	] Seasonal (hay fever)       ]         ] Nuts (life-threatening?)	] Poison ivy         [ ] Other foods (life-threatening?)	[ ] Medications ) [ ] Lactose intolerance	[ ] Insect stings (life-threatening?)      )         [ ] Dermatologic problems (e.g., eczema)
Diseases	[ ] Chicken Pox [ ] Whooping cough [ ] Lyme disease	[ ] Measles [ ] Fifth's disease	[ ] German Measles [ ] Coxsackie virus	[ ] Mumps [ ] Positive TB test; x-ray:
Explanation	s of anything checked above:			
Operations/	′serious injuries/hospitalizations:			
Chronic or r	recurring illness/special needs/specia	al concerns or considerations:		
Use this be aware		nal information about physica	II, emotional, or mental health a	about which the camp should
Signature	of staff member			Date

#### If staff member is under 18 years of age, parent/guardian authorization must be completed:

This health history is correct so far as I know, and the person herein described has permission to engage in all activities except as noted.

**Emergency Authorization:** I hereby give permission to the medical personnel selected by the camp director to order x-rays, routine tests, and treatment for this person, and, in the event I or my physician cannot be reached in an emergency, I hereby give permission to the physician selected by the program director to hospitalize, secure proper treatment for, order injection and/or anesthesia and/or surgery for the person named above. **My signature also indicates acknowledgment and permission** for over-the-counter medications that may be given to the person, such as, but not limited to Tylenol (acetaminophen), Advil (ibuprofen), Benadryl, Tums, Robitussin DM, and Non-Drowsy Dramamine (for motion sickness).

Signature	of	parent/	'quardian
orginataro	•••	parono	gaaraian